

News Update

October 2017

Dates for your diaries

October

Mon 30th Oct – Victor Munro Halloween event

November

Wednesday 8th November – Rotary Bingo

Monday 27th November – Members Forum

Weds 29th Nov – Lunch at Northbrook College

December

Mon 4th December – Christmas Coffee Morning

Sunday 17th December – Theatre trip

Thursday 21st December – Christmas Party

Friday 22nd December 12.30pm office closes for Christmas break and will re-open at 9am on Tuesday 2nd January 2018

Monday 30th October – Victor Munro event

Victor Munro will be here to entertain you for our Halloween themed afternoon so why not come and join us! Event price is £6 including the transport contribution.

On **Wednesday 8th November** the Rotarians will be back with their own popular style of bingo. If you would like to come along and find out what it's all about give us a call and put your name down.

The next **Members Forum** will be held on **Monday 27th November** at **10.30am**

Please try and come along to hear about Sight Support Worthing's future plans and to have your say! Transport will be available for this event but please let us know as soon as possible if you would like to attend as spaces may be limited.

Wednesday 29th November – lunch at the **Arundel Restaurant, Northbrook College, Durrington**. This will consist of a three course lunch at a cost of £14 per person (plus the usual £3 transport contribution). Spaces are very limited so it really is first come first served and priority will be given to those who haven't been before.

Please note the restaurant is not on the ground floor of the college so there is a little bit of walking involved plus stairs or a very small lift!

The **Christmas Coffee Morning** being held on Monday 4th December will involve mince pies and sherry plus the raffle and tombola!

Please come along and join us for this festive fundraising event.

Diaries and Calendars We are about to place our order for 2018 diaries and calendars so please let us know as soon as possible if you would like either or both ordered for you.

Our Christmas party this year is being held on
Thursday 21st December.

You do not need to contact us yet to let us know if you would to come along as we will be sending out invitations and reply slips nearer the time.

Theatre Trips for 2018

Dick Whittington Pantomime

Saturday 20th January 2018 2.30pm

The Windmill Theatre, Littlehampton Event

Price: £19.00

We are hoping to reserve seats for everyone for a meal after the show at The Vadar restaurant in Littlehampton. This will be a set meal (main and dessert) for approximately £12.00 which will be payable to Richard, who will be your driver on the day.

The Royal Marines Association Concert Band

Sunday 25th February 2018 3.00pm

Assembly Hall Event Price: £17.00

Tickets have been booked to see the above two shows. If you are interested in either of these events please see Sue in Reception or telephone 01903 235782 to book your ticket. Please note that tickets are payable in advance and available on a first come, first serve basis. Thank you.

Following on from last week's AGM, which was held on Thursday 19th October. We now have a copy of the Minutes available here at the Centre and can provide a large print copy to any member who requests one.

Members Activity Suggestions

We would really love more of you, our members, to become actively involved with us here at Sight Support Worthing.

So with that in mind we are once again asking for your ideas, things that you'd like to do, clubs you would find interesting in fact anything at all that you think we could try that may appeal to more of you – really anything will be considered! You can contact us with your suggestions on our usual office number – 01903 235782. Thank you

Is anyone interested in trying their hand at golf? (Well a session at the driving range!)

If you would like to join us at the driving range where you will be ably assisted by a couple of our golfing volunteers please let us have your names as soon as possible.



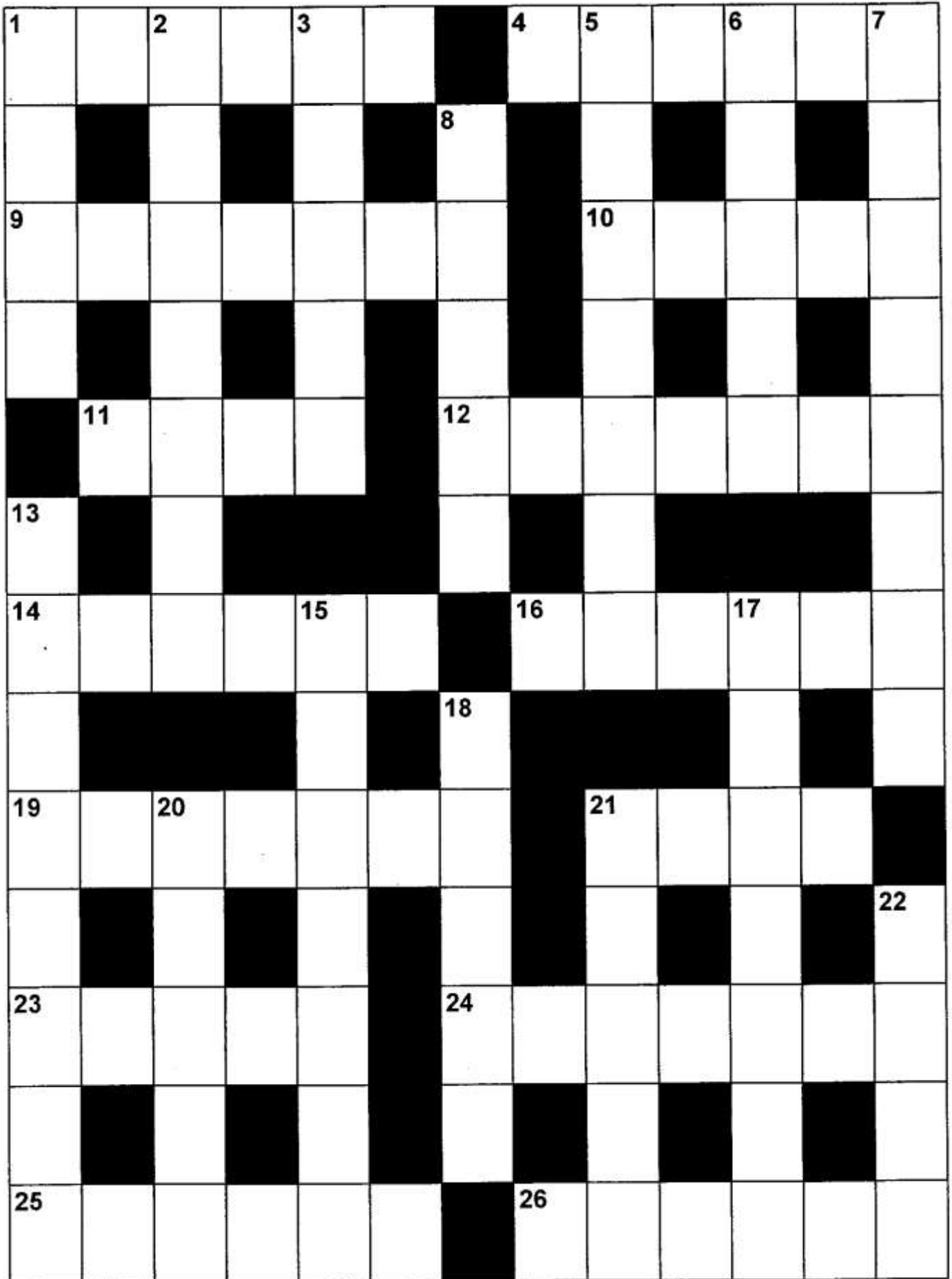
Once a month, on a Monday afternoon, we have a very informal **Discussion Group**. Although I bring a newspaper in with me in case we can't think of anything to talk about, it is rarely needed! There is no set subject or topic, and one thing invariably leads to another – and it's always interesting to hear another person's viewpoint. At the moment, the attendance is quite small and it would be lovely to have some more people to keep up the tempo.

If you have a spare couple of hours on one Monday a month and want to get something off your chest, or even if you just want a chat, do please think about joining us, we would love to see you! Transport will be provided if needed.

Sue Gillespie – Volunteer, Discussion Group Leader.

Don't forget we still have a wide variety of clocks, watches and all sorts of other daily living aids available to view in our resource area. It's best to call and let us know you're coming first so that we can ensure the room is free but if that's not possible and you find yourself just dropping in as you're passing by, don't worry we will still show you what we can and be able to give advice.

Crossword 29



CROSSWORD 29

ACROSS

- 1 ELAPSE (4,2)
- 4 SPROUT, 1980's UK POP GROUP (6)
- 9 PREPARATORY PAINTS (7)
- 10 UNCLEAR (5)
- 11 TATTIE (4)
- 12 HAVING A GENTLE EXPRESSION (3,4)
- 14 BEQUEATHS MONEY FOR (6)
- 16 TUBA, BRASS INSTRUMENT (6)
- 19 FLOURISH OF TRUMPETS (7)
- 21 CRIBS (4)
- 23 OF SOUND (5)
- 24 EXCESS, RADIO 4 TRAVEL PROGRAMME (7)
- 25 ALL THE SAME (4,2)
- 26 BENEFICIAL (6)

DOWN

- 1 BABY SEALS (4)
- 2 SENT BY BOAT (7)
- 3 MIXTURE (5)
- 5 COASTAL STRIP INCLUDING NICE (7)
- 6 PERSON WITH ANTIQUATED NOTIONS (5)
- 7 ANIMAL REARERS (8)
- 8 ACTOR'S COMMENT (5)
- 13 MUSCLY MEN (8)
- 15 OFFENSIVE OBJECTS (7)
- 17 1 SHOULD SAY ! (3,4)
- 18 ACTION WORDS (5)
- 20 ELBOW PROD (5)
- 21 BUDGIE ENCLOSURES (5)
- 22 PIECE OF BUSINESS (4)

There are many bargains to be had from our sale table **of discontinued and donated items**. If you come to any of our activities remember to have a look at what's available when you're here. Alternatively if you don't regularly visit headquarters but would like to see what is for sale, please contact us first to ensure that the room is free for when you want to come along and take a look.

Join our monthly draw!

The monthly prize draw winning numbers for September 2017 were 66, 39, 27 and 69. Congratulations to our winners who were Jan Holland, Mike Cavell, John Isaacs and Pam Watkins respectively.

Many thanks for your continued support.

To contact us about any of the items included in this publication you can telephone:

01903 235782

(Leave a message if we are not available & we'll get back to you as soon as we can)

email: **info@sightsupportworthing.org.uk**

Or pop in to 48 Rowlands Road Worthing BN11 3JT between 9.30am and 4pm Monday to Friday.



Due to space and resources some items in this newsletter may have been edited accordingly. The information it contains was accurate to the best of our knowledge at the time of going to print.