

# News Update

January 2018

## **Dates for your diaries 2018**

- Weds 10<sup>th</sup> January – Bingo with the Rotarians  
Saturday 20<sup>th</sup> January – Theatre Trip  
Tuesday 23<sup>rd</sup> January – Members Forum  
Thursday 25<sup>th</sup> January – Burns Celebration  
Wednesday 31<sup>st</sup> January – Games afternoon  
Weds 14<sup>th</sup> Feb – Valentines/Pancake day event  
Sunday 25<sup>th</sup> February – Theatre Trip  
Mon 26<sup>th</sup> Feb – Low Vision Drop-in Morning  
Weds 28<sup>th</sup> February – Bingo with the Rotarians  
Wednesday 14<sup>th</sup> March – St. Patricks Event  
Tues 20<sup>th</sup> March – Bingo with the Rotarians  
Monday March 19<sup>th</sup> – Members Forum

Friday 30<sup>th</sup> March and Monday 2<sup>nd</sup> April - Please note the office will be closed for the two Easter Bank Holidays

- Weds 11<sup>th</sup> April – Bingo with the Rotarians  
Monday 23<sup>rd</sup> April – St. Georges Day Event

Monday 7<sup>th</sup> May and Monday 28<sup>th</sup> May – please note the office will be closed on the May Day and Spring Bank Holidays

- Monday 17<sup>th</sup> May – Walk along the Prom



**We would like to wish all of you, your families, friends and carers, a very happy and healthy 2018.**

**Roll on Spring!**

Once a fortnight, from **Monday 8th January 2018** one of the Rehabilitation Officers Visual Impairment (ROVI) will be attending the Monday morning drop in sessions. A ROVI is trained and qualified to work with people who have significant visual impairment. They will provide ROVI support if needed and answer any questions you may have.

**On Wednesday 10<sup>th</sup> January, Wednesday 28<sup>th</sup> February, Tuesday 20<sup>th</sup> March and Wednesday 11<sup>th</sup> April at 2pm**, the Rotarians will be back with their very own version of bingo. It's becoming an increasingly popular event! If you would like to come along and find out what it's all about why not give us a call and put your name down!

An extra **Members Forum** will be held on **Tuesday 23<sup>rd</sup> January** at 2pm. This will include a talk by Susan Brigstock-Parker, of Age UK West Sussex. Please try to come along to hear about future plans and to have your say! Please let us know as soon as possible if you need transport for this event.

# Burns Event

for members of



**Sight Support Worthing**



on

**Thursday 25th January 2018**

**12pm—3pm**

Come and enjoy a 'Burns' luncheon gathering. Eat and be merry, you may even like to try some Scottish dancing!

We're hoping there will also be singing, music and poetry.

Please let us know as soon as possible if you would like to attend so we can prepare! The cost of this event will be £5 plus the usual transport contribution of £3 if required.



On **Wednesday 31<sup>st</sup> January at 2pm**, we will be having a **Games Afternoon**.

This will be a 'scrabble' afternoon hosted by one of our Volunteers, Tina who also runs the Monday morning Patchwork sessions.

Refreshments will be available and if required the usual transport contribution will apply.

Combined **Valentines and Pancake Day Event, on Wednesday 14<sup>th</sup> February 2pm**.

Why not come and join us for a fun afternoon with pancakes and some valentine themed entertainment provided by Lynda Lyne. The cost of this event will be £8 including transport.

**Royal Marines Association Concert Band**

Sunday 25<sup>th</sup> February 2018 3.00pm

Assembly Hall Event Price: £17.00

If you are interested in this event there are a few seats left, please see Sue in Reception or telephone 01903 235782 to book your ticket. Please note that tickets are payable in advance.

**Monday 26<sup>th</sup> February, Low Vision Drop-in morning 10am to 1pm** with demonstrations by Calibre Audio Library, Enhanced Vision (electronic magnifiers) and Dolphin Assistive Technology (magnification and speech for computers).

**On Weds 14<sup>th</sup> March at 2pm, we have our St. Patrick's Event.** An Irish themed afternoon with refreshments and music. The cost of this event will also be £8 including transport. More information will follow in the February News Update.

**Members Forum, Monday 19<sup>th</sup> March 10.30am – 12 noon.**

Please try to come along to hear about our future plans and to have your say! There will also be a guest speaker and refreshments. If you need transport for this event please let us know as soon as possible.

**On Monday 23<sup>rd</sup> April at 2pm, we have our St. George's Day Event.**

A British themed afternoon with music and refreshments. The cost of this event will also be £8 including transport. More information will follow in the March News Update.

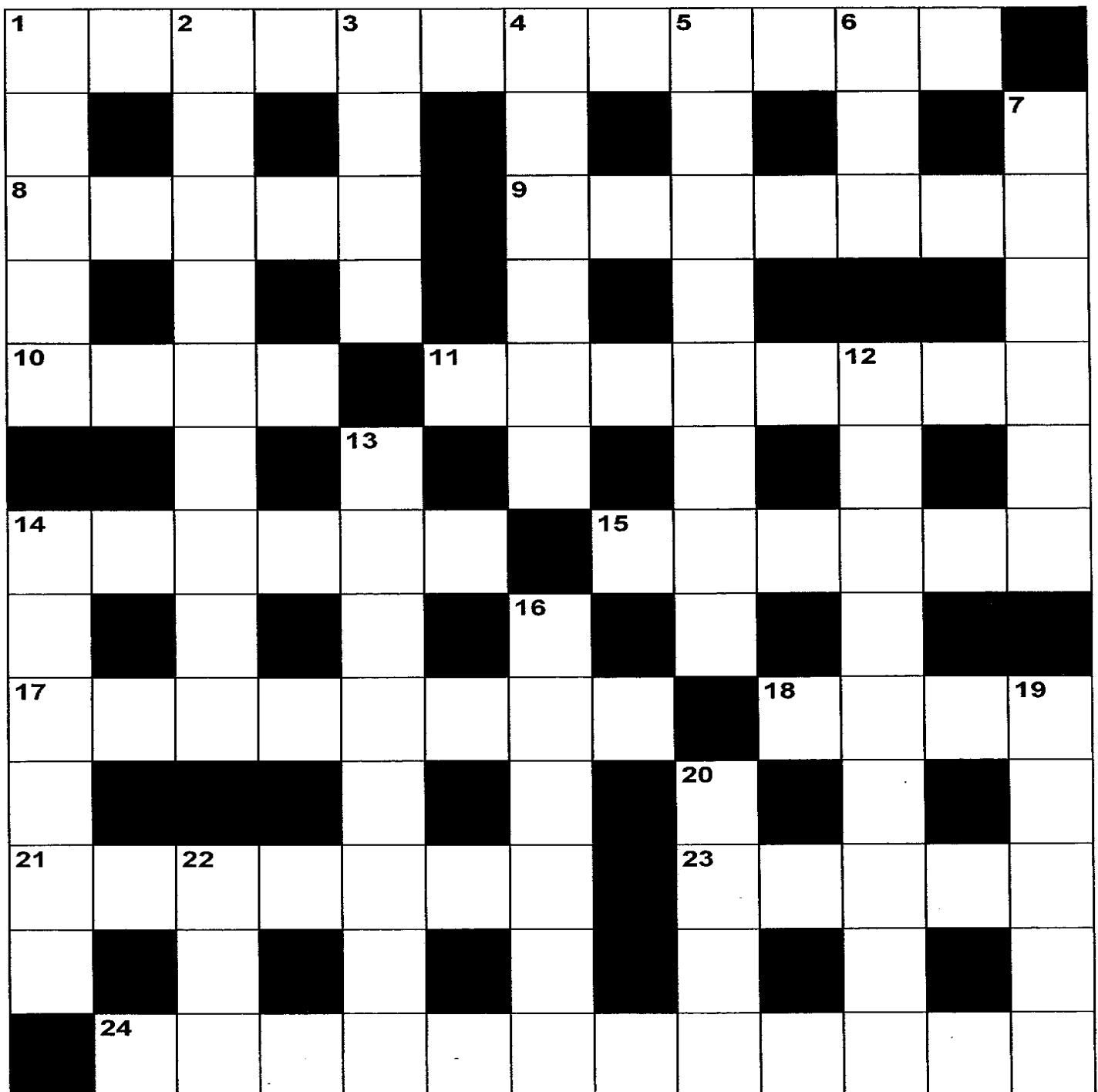
**Monday 17<sup>th</sup> May, 10.30am, Walk along the Prom**

We are hoping that the weather will have warmed up a little by this date and you will be able to join us for a gentle stroll along the prom from Heene Road to the Pier with a stop for refreshments before walking back.

Transport will be available for this event for the usual £3 contribution.

**Please note that all of our regular activities will be resuming over the next few weeks but if you have not had dates for any of the clubs, groups or activities you attend please let us know and we will send copies out to you as soon as possible.**

## Crossword 30



## CROSSWORD 30

### ACROSS

- 1 SOLVED A MATHS PROBLEM ? (7,2,3)
- 8 HAVING CARGO ABOARD (5)
- 9 GROOMS (7)
- 10 SPIELBERG PETER PAN FILM (4)
- 11 LEVELLED OUT (8)
- 14 PARIS METRO FILM DIRECTED BY LUC BESSON (6)
- 15 HEALTH PERSONNEL (6)
- 17 SHRUBBY FIELD DIVIDER (8)
- 18 TIE IN A CIRCULAR FASHION (4)
- 21 COUNTER (7)
- 23 LIVELY BOHEMIAN DANCE (5)
- 24 PAYING NO ATTENTION TO (12)

### DOWN

- 1 ROB (5)
- 2 PERISH THE THOUGHT ! (3,6)
- 3 CHARACTER FROM GERMANIC ALPHABET (4)
- 4 MATERIALS FOR MAKING JEANS (6)
- 5 CLOTH FOR DRYING (3,5)
- 6 EVERYDAY ..., SHORT STORY BY ALICE WALKER (3)
- 7 WHISPERED COMMENTS (6)
- 12 MASSES (3,6)
- 13 ATTENDER OF ASCOT, PERHAPS (4,4)
- 14 ORB (6)
- 16 SAUSAGE IN A BUN (3,3)
- 19 SHOOT DOWN AN AIRCRAFT (5)
- 20 GOAD (4)
- 22 ... SUNDAY, SPORTS PROGRAMME ON BBC2 (3)

Just for your information - Next Tuesday 9<sup>th</sup> January between 12noon and 2pm, we will be taking part in an event alongside RNIB, Guide Dogs, West Sussex County Council and 4Sight, promoting clutter free streets. On this particular day we will be asking businesses in Warwick Street to join us to experience street furniture such as 'A' boards and tables and chairs whilst wearing simspecs to give them an idea what it can be like for you.

We hope this will help to make the local environment friendlier for you and all those with serious sight problems.

The monthly prize draw winning numbers for December 2017 were 46, 17, 90 and 75. Congratulations to our winners who were Dorothy Knowles, Margaret West, Graham Forshaw and John Osborne respectively.

To contact us about any of the items included in this publication you can telephone: **01903 235782**

(Leave a message if we are not available & we'll get back to you as soon as we can)

email: **[info@sightsupportworthing.org.uk](mailto:info@sightsupportworthing.org.uk)**

Or pop in to 48 Rowlands Road Worthing BN11 3JT between 9.30am and 4pm Monday to Friday.



Due to space and resources some items in this newsletter may have been edited accordingly. The information it contains was accurate to the best of our knowledge at the time of going to print.