

# News Update

April 2018

## **Dates for your diaries 2018**

Mon 30th April – (during the drop-in)  
Talk by Peter King HLF Project Manager  
for the Ouse & Adur Rivers Trust

Tuesday 1<sup>st</sup> May – Jim Carter Quiz

**Monday 7<sup>th</sup> May and Monday 28<sup>th</sup> May –  
please note the office will be closed May  
Day and Spring Bank Holidays**

Sunday 13<sup>th</sup> May – Sunday Drive

Monday 14<sup>th</sup> May – (during the drop-in)  
Professional Vision Services demo

Thurs 17<sup>th</sup> May – Walk along the Prom

Monday 21<sup>st</sup> May – (during the drop-in)  
Associated Optical Demonstration

Tues 29<sup>th</sup> May – Jo Jingles Children's  
Musical Group

Thurs 31<sup>st</sup> May – Swap with me event  
with Stagecoach (buses)

Wednesday 13<sup>th</sup> June – Stagecoach  
Vintage Bus Tour

Mon 25<sup>th</sup> June – (during the drop-in)  
HumanWare Demonstration

Thurs 28<sup>th</sup> June – HumanWare ‘GPS’  
demo

Tues 26<sup>th</sup> June – Lynda Lyne entertains

Wednesday 11<sup>th</sup> July – Strawberries &  
Cream for Wimbledon!

Thursday 26<sup>th</sup> July – Walk along the  
Prom

**Monday 30<sup>th</sup> April** – (during the drop-in)  
**Talk by Peter King HLF** (Heritage Lottery  
Fund) **Project Manager for the Ouse &  
Adur Rivers Trust.** Peter contacted us as  
they are keen to ensure the project has  
something for everyone. With that in mind  
they are working with or alongside groups  
that may not often be included in this type  
of project. One of the ideas they are  
developing is working with the British Trust  
for Ornithology to set up sound recording  
equipment on the site of Sompting Brooks  
to capture bird song.

**Tuesday 1<sup>st</sup> May at 2pm, Jim Carter** will once again be joining us with a 'Pointless' style (the more obscure the answer the better!) **quiz** he has created especially for us. Please come along and join us for this fun afternoon with prizes. If you would like to bring a friend or family member we would love to see you all!

### **Sunday 13<sup>th</sup> May – Sunday Drive**

The Sunday Drives will normally include a stop at a café for hot drinks (perhaps as part of a National Trust Garden). A cold picnic will be provided but hot food may be available for you to purchase where we stop.

Pickup would be between 10am & 11.30am and you would probably be dropped home again between 5pm and 6pm.

Venues are weather dependant.

**Please note spaces are limited and will be allocated on a strictly first come basis. If we cannot accommodate you on this date we will offer you a seat on the next available date so that every member gets the opportunity to experience these organised days out.**

**Thursday 17<sup>th</sup> May 10.30am,  
Walk along the Prom.**

Why not join with other members, some of our volunteers and also some of the Rotary Bingo team for a gentle stroll along the prom from Heene Road to the Pier with a stop for refreshments.

Transport is available for this event for the usual £3 contribution.

**Tues 29th May – Jo Jingles! 10.30am**

Come along and be entertained with music and song from pre-school children on the morning of Tuesday 29<sup>th</sup> May.

The event cost is £5 including the transport contribution.

**Thurs 31st May – Swap with me event  
with Stagecoach (buses)**

On Thursday 31<sup>st</sup> May we will be taking part in a "swap with me" either at the Worthing bus depot or somewhere in the town. This event will be focused on helping bus drivers understand your needs.

If you would like more information for this event or you would like to come along, please give us a call.

## Weds 13<sup>th</sup> June – Vintage Bus Tour

How do you fantasy a ride in a vintage Southdown bus?

The vehicle is a 1964 Leyland Titan PD3 and was delivered new to Southdown Motor Services (now Stagecoach)



and operated in this area for many years. Due to its design it was necessary for a conductor to ride along as well as a driver. As one man operated vehicles became the norm the fate of these vehicles was sealed and eventually they were phased out and the vehicles sold or used for other purposes such as canteens and uniform stores. This vehicle among numerous others from the batch, have been preserved, mainly by private individuals, but this one is owned and maintained by Stagecoach for display and special events. It is in original livery and condition, although a few modifications have been carried out on the mechanics to keep it going smoothly.

This is an afternoon event and transport is available to bring you to 48 Rowlands Road where the vintage bus will pick you up. If you are would like to put your name down or would like more information, please contact us on the usual office number 01903 235782

**Thurs 28th June – HumanWare ‘GPS demonstration or** Trek walk, this will be led by HumanWare’s blind representative Martin Roberts & his guide dog Vicki. Martin is their braille specialist but has taken the lead on demonstrating the **VictorReader Trek** (a GPS device) since its launch.

Martin runs the session as a steady walk around the area local to the society HQ, this may include a stop at a coffee shop/pub/place of interest, before returning back to the society. I think the walk would normally last 20-30 minutes, with an introduction to the device prior to leaving, and questions & answers afterwards too.

If you are interested in taking part or would like more information please contact the office.

**Linda Lyne** will be back to entertain us on **Tuesday 26<sup>th</sup> June** at 2pm.

Please come along and join us for an afternoon of music and song! The event price will be £6 which includes the transport contribution (£3.00 if transport is not required).

**Wednesday 11th July – Strawberries & Cream for Wimbledon!** More information will follow in a later news update.

**Important information regarding Data Protection – We need YOUR CONSENT to Stay in Touch by 25<sup>th</sup> May 2014**

Do you still want to receive our Sight Support Worthing monthly News Update and information about our services, social groups, activities and events?

If you do, then you **MUST** give us your permission.

We need to ask because changes to the Data Protection law mean we need your explicit agreement to do so.

We hope you will agree as we would love to continue sending you information about our services.

We would also like to continue sharing information and advice about living with sight loss which may interest or be of benefit to you. We are working our way through our database to ask if you still consent to us holding your details but if we haven't reached you yet you can call us on 01903 235782 for more information.

## **Loose Change Boxes**

Do you have any loose change at home that you can spare? If you would be interested in having one of our loose change boxes please see Sue in Reception.

The monthly prize draw winning numbers for March 2018 were 25, 35, 90 and 122.

Congratulations to our winners who were Elsa Dixon, Jean Halls, Graham Forshaw and Mary Bailey respectively.

Many thanks to all members of the monthly prize draw for their continued support.

To contact us about any of the events or items included in this publication you can telephone on:

**SIGHT SUPPORT**



**WORTHING**

**01903 235782**

(Please leave a message if we are not available and we'll get back to you as soon as we can)

email: [info@sightsupportworthing.org.uk](mailto:info@sightsupportworthing.org.uk)

visit: 48 Rowlands Road Worthing BN11 3JT  
between 9.30am and 4pm Monday to Friday.

Due to space and resources some items in this newsletter may have been edited accordingly.

The information it contains was accurate to the best of our knowledge at the time of going to print.