

# News Update

October 2018

## Dates for your diaries

As well as all the regular groups and activities that occur during the week we also have the following events;

Weds 31<sup>st</sup> October – Halloween Event

Sat 3<sup>rd</sup> Nov - Seafarers Royal Marines Band  
Concert

Tuesday 13<sup>th</sup> Nov – Will Power Worthing

Wed 14<sup>th</sup> November – Rotary Bingo

Weds 21<sup>st</sup> Nov – Living Paintings

Monday 26<sup>th</sup> November – Christmas

Shopping Trip with lunch at Hq

Tues 27<sup>th</sup> Nov – Lynda Lyne Entertains

Tues 11<sup>th</sup> December – Jim Carter

Christmas Quiz

Wednesday 19<sup>th</sup> December – Carol Singing  
with Sandra

Thurs 20<sup>th</sup> December – Christmas Party

Please note the offices will be closed from  
12.30pm on Monday 24<sup>th</sup> December until  
9.30am on Wednesday 2<sup>nd</sup> January 2019

# Halloween Event

**On Wednesday 31st October**



**2pm — 4pm**



**With a spooky themed tea and musical entertainment.**

**Fancy dress optional!**



**The cost of this event is £8 which includes the £3 transport contribution**



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**Seafarers Royal Marines Band Concert**  
**Saturday 3rd Nov** - at the Assembly Hall,  
Stoke Abbot Road at 7.30pm

The event price will be £25.00

If you are interested in this event please call Sue on 235782 to book a ticket or pop into reception. Please note tickets will be available on a first come, first serve basis and payable at the time of booking.

## **Will Power Worthing Ltd**



Are a family run Will writing business.

They have asked for the opportunity to come along and talk to you on Tues 13<sup>th</sup> November. James and Sharon from WPW Ltd, will be here to tell you the best way to protect your assets. The afternoon will consist of an informal chat with coffee and biscuits.

Contact us on **01903 339007** or email: [admin@willpowerworthing.co.uk](mailto:admin@willpowerworthing.co.uk)

## **Weds 14<sup>th</sup> November at 2pm,**

### **Rotary Bingo**

The Rotarians will be back with their very own version of bingo. It's a popular event and transport is available for the usual £3 contribution. Refreshments – tea/coffee and biscuits - are available for just 50p. Why not come along and give it a go!

## **Weds 21st November – Living Paintings**

This as another chance to come along for a demonstration by Living Paintings of tactile art works with description.

If you would like to come along at 2pm for this tactile 'experience' please let us know.

## **Monday 26th November – Christmas Shopping Trip with lunch at HQ**

We are offering a trip to the Holmbush Centre at Shoreham to do your Christmas Present (not groceries) shopping followed by a light lunch back at Rowlands Road. For more information or to book your place please call us as soon as possible.

## **Tuesday 27th November –**

**Lynda Lyne Entertains.** Please come along and join us for an afternoon of music and song! The event price will be £6 which includes the transport contribution (£3.00 if transport is not required).

## **Tuesday 11th December – Jim Carter Christmas Quiz**

for members and volunteers.

We would love to see you all there to join in with the members for this seasonal quiz. Specially composed by Jim Carter who is also one of our members, the quiz will start at 2pm.

Please let us know if you're planning on coming along so that we can be sure to have enough tables out!

## **Wednesday 19<sup>th</sup> December –**

### **Christmas Carol singing with Sandra**

Please come and join us for a Christmas sing-a-long with Sandra one of our wonderful volunteers who many of you will know from other events. Refreshments will be available and transport can be arranged.

## **Thursday 20th December –**

### **Christmas Party**

**You do not need to contact us to put your name down just yet as we will be sending out invitations and reply slips with food choices nearer the time.**

### **Welfare Calls**

Just so that you are all aware, we are currently making courtesy calls to all of our members just for a chat to make sure you are well and to see if there is anyway at all that we can be of more help to you.

We are definitely not trying to sell you anything!

These calls may be made by staff or volunteers and any information you give will remain confidential.

**One to One service.** Please remember that if you need help getting to an appointment, especially now the eye clinic has moved to Southlands Hospital, we may be able to find a volunteer who can take you, stay with you and bring you back home again.

All you need to do is contact us in the office on 01903 235782 (**please do not approach volunteers directly**) with the details of your appointment and we will do our best to find a volunteer who is available and can help. All you pay for this service is 45p per mile and any other incurred expenses such as parking. This should be paid directly to the volunteer when they return you to your home.

### **Theatre trips and one off activities/events.**

Please note: the booking of any special event (eg theatre trips) will only be confirmed once we have received your full payment. In line with booking any event directly with a venue, all payments should be made at the time of booking either in person or by post.

We have some new items available to view in the **Resource area**

**Lockaid – key locator - £17.95**

Do you have difficulty opening your front door? Lockaid is designed to help guide the key into the hole and with turning the key in the lock. It sits on top of the existing door lock and is supplied with self-adhesive pads.

**LED Motion Sensor Cupboard Light - £18.29** (pack of two).

This easy fit cupboard light provides really bright illumination to your dark cupboards, wardrobes and all those dark corners. By using the double-sided tape, which is included, you can stick this light to any surface you wish. This product is completely motion activated, so will turn on automatically once motion is detected and will turn off again at 20 or 60 seconds after the last motion has been detected.

We also have the new touch screen talking watch from Cobolt and a new version of the Liquid Level Indicator which is also from Cobolt £5.95

**Don't forget you get an extra hour in bed on Sat 27<sup>th</sup>/Sun 28<sup>th</sup> October and all your clocks and watches will need to be put back one hour as Daylight Saving Time comes to an end.**

**Do you take part in our monthly draw? Why not sign up in 2019 it could be your lucky year!**



The monthly prize draw winning numbers for September 2018 were 64, 98, 93 and 71. Congratulations to our winners who were Ron Colbourne, Frances Brown, May Seaman and David Martill respectively. Many thanks to all members of the monthly prize draw for their continued support.

To contact us about any of the events or items included in this publication you can telephone on: **01903 235782**

**SIGHT SUPPORT**



(If we are not available please leave a message and we'll get back to you as soon as we can)  
email: [info@sightsupportworthing.org.uk](mailto:info@sightsupportworthing.org.uk)  
visit: 48 Rowlands Road Worthing BN11 3JT  
between 9.30am and 4pm Monday to Friday.

Due to space and resources some items in this newsletter may have been edited accordingly.

The information it contains was accurate to the best of our knowledge at the time of going to print.