

# News Update

April 2019

## Dates for your diaries

The offices will be closed on Good Friday  
19<sup>th</sup> April and Easter Monday 22<sup>nd</sup> April.

Tues 23<sup>rd</sup> April – St. Georges Day Event

Weds 24<sup>th</sup> April – Down Memory Lane

Mon 20<sup>th</sup> May – Professional Vision Services

Weds 22<sup>nd</sup> May – Down Memory Lane

Thurs 23<sup>rd</sup> May – Walk along the Prom

Fri 24<sup>th</sup> May – Triobike launch on the Prom

Weds 29<sup>th</sup> May – Rotary Bingo

The offices will be closed on Bank Holiday  
Monday 27<sup>th</sup> May

Sat 1<sup>st</sup> June – Awareness Day Event

Tues 18<sup>th</sup> June – Dog's Trust talk

Wed 19<sup>th</sup> June – Strawberry Afternoon Tea

Monday 1<sup>st</sup> July - Pat's People

Thurs 4<sup>th</sup> July – American Independence  
Day event

Tues 3<sup>rd</sup> December – Christmas Event!

## **Weds 29<sup>th</sup> May 2pm – Rotary Bingo**

The Rotarians are back to join us with their version of bingo. **Spaces are limited so please let us know if you're planning on coming along!** Transport is available for the usual £3 contribution.

## **Tuesday 23<sup>rd</sup> April 2pm St. George's Day Event.**

This is another themed afternoon with musical entertainment provided this time by Kim Bonsar who was with us for last year's

Halloween event. Refreshments with a typically English theme will be served during the afternoon. The cost of the event will be £5 plus the usual contribution of £3 towards transport if required.

Red and white costume is optional but we'd love to see it!



## **Wednesday 24<sup>th</sup> April & Weds 22<sup>nd</sup> May 10.30am Down Memory Lane.**

For more information or to book a place please call us on the usual office number 01903 235782

**Mon 20th May – Professional Vision Services, demonstration morning** – please see the enclosed flyer for more information.

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**On Thursday morning 23rd May,** why not join with our volunteers for a gentle **Walk along the Prom**

Once the minibus has made all the pickups you will be dropped off on the prom at the bottom of Heene Road.

The walk then heads east towards the Pavilion Café Bar (formerly known as Denton Lounge) where there will be a comfort stop and a chance to buy a drink before heading back to meet the bus again for the return journey home.



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**Saturday 1<sup>st</sup> June 12noon – 4pm**

SSW are holding an Awareness Day in Montague Place Worthing. There is no transport available for this event as it is an awareness event for the town but if you would like to come along and see what's there please do.

**Tuesday (morning) 18<sup>th</sup> June** - Hear about Dog Trust's services and the projects they provide to help people from all walks of life with dogs!

This is a great opportunity to join an interesting presentation held by Lisa Herbert. (Please note a dog will be present at this event.)

**Wednesday 19th June – Strawberry Tea 2pm – 4pm.**

Come along and join us for a strawberry tea and entertainment provided by Victor Munro. The cost of this event will be £5 plus the usual transport contribution.

**Monday 1<sup>st</sup> July – Pat's People Singing Group.** An afternoon of song provided by Pat's People, there is no charge for this event but if you require transport the usual contribution of £3 would apply.

**Thursday 4<sup>th</sup> July – American Independence Day event.** This will be an American themed event running from 11.30am until 3pm with lunch and musical entertainment. The cost of the event is £5 plus the usual transport contribution.

The SSW Board would like to invite those members who are interested to form a Members Group (suggestions for a different name would be welcome).

The Group would consist solely of Members (although volunteer support would be available to help schedule meetings, inform members, arrange transport, etc). The aim of the Group would be to discuss any matters relating to the services and activities that are currently available and to raise ideas for new ventures. The Group could also put forward their ideas for encouraging new members to join SSW.

The Group would put their ideas to the Board, this could be in a report (a volunteer could help in its preparation), or in person to an individual Board member or by a Group member attending a Board Meeting. The Board would be responsible for considering the Group's comments and proposals and is committed to providing a response on all matters raised.

The overall objective is to give SSW members a genuine input into what SSW provides in terms of support and activities, thus helping the Board and staff to deliver what the members need.

## **Christmas lunch event Tuesday 3rd**

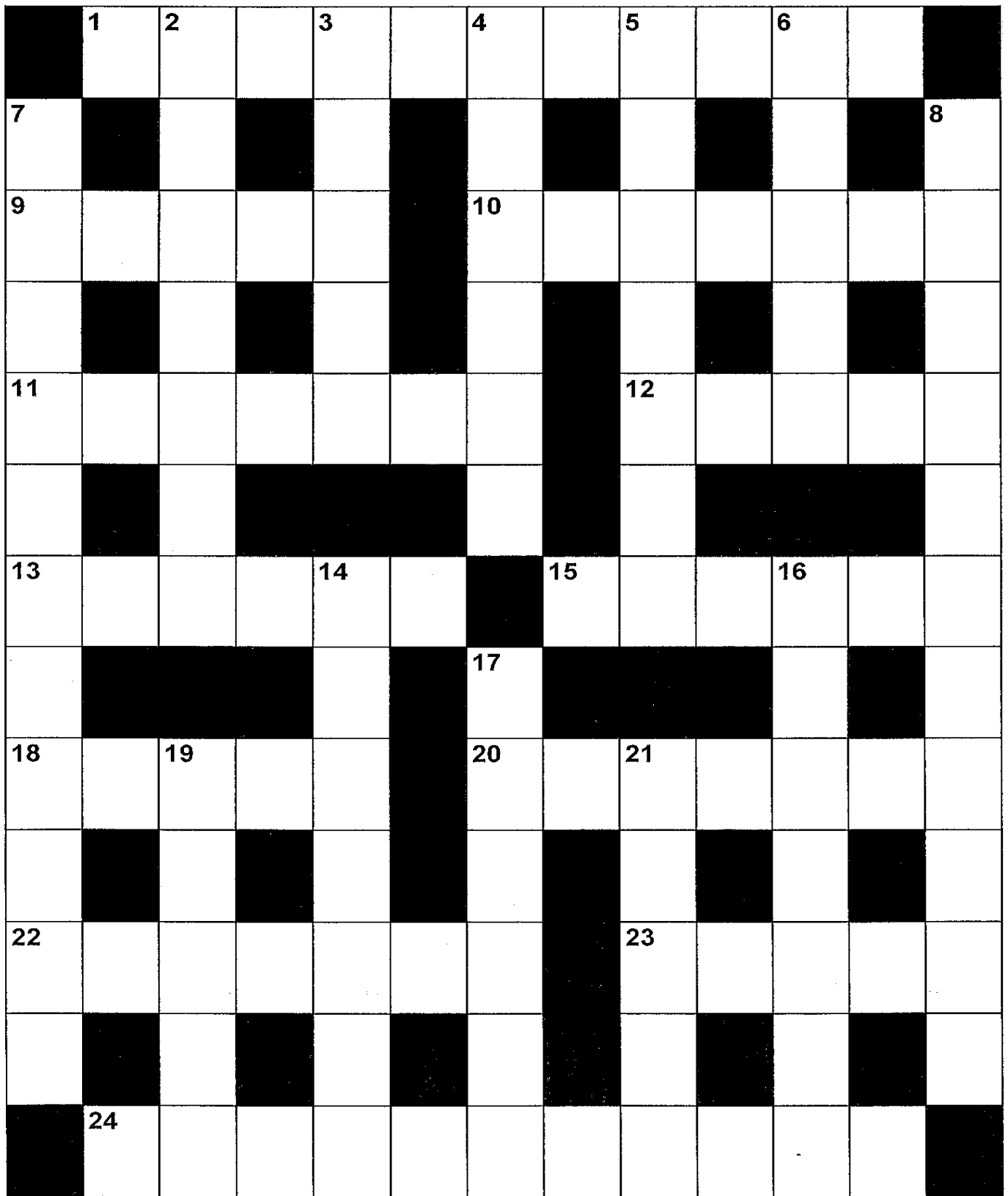
**December** This year we are thinking of holding a free Christmas Lunch at an outside venue but in order to progress with plans we really need to have a rough idea how many of you might like to attend. If you think you would be interested in attending such an event please give us a call and let us know.

### **ACROSS**

- 1 RUINING, FINANCIALLY (11)
- 9 DANCING ..., ITV SKATING SERIES (2,3)
- 10 RELEASE YOUR GRIP ON AN OBJECT (5,2)
- 11 BEARS WITNESS TO (7)
- 12 IN FRONT (5)
- 13 FIRST OARSMAN (6)
- 15 EXPRESSION OF DISMAY (4,2)
- 18 ARTILLERY DISCHARGE (5)
- 20 ARE YOU LONESOME ..., ELVIS SINGLE (7)
- 22 CAPTIVATE (7)
- 23 TEATRO ..., FAMOUS OPERA HOUSE IN BUENOS AIRES (5)
- 24 POPULAR ACCOMPANIMENT TO ITALIAN FOOD (6,5)

### **DOWN**

- 2 AIRMAN, PILOT (7)
- 3 WITHHOLDS (5)
- 4 IF NOT (6)
- 5 BUN SUCH AS A SALLY LUNN (3,4)
- 6 FEMALE FAMILY MEMBER (5)
- 7 GROUP OF CELESTIAL BODIES (5,6)
- 8 TRYING OUT IN WORKING CONDITIONS (4,7)
- 14 SMART ALEC ! (4,3)
- 16 SYMBOLS OF OFFICE (7)
- 17 CRACKLING SOUND ON THE RADIO (6)
- 19 FABRIC SIMILAR TO SPANDEX (5)
- 21 MORE CONSIDERATE (5)



**Stop Press!** There will be a Sunday Drive on the **19<sup>th</sup> May**. If you would like to go please contact us as soon as possible as spaces are limited.

**The monthly prize draw winning numbers for March 2019 were 16, 60, 83 and 32. Congratulations to our winners who were Susan Smedley, Lilian Harris, Rosemary Evans and Shirley Phillips respectively.**

Many thanks to all members of the monthly prize draw for their continued support.

**Do you take part in our monthly draw? Why not sign up in 2019 it could be your lucky year!**



To contact us about any of the events or items included in this publication you can telephone on: **01903 235782**

SIGHT SUPPORT



WORTHING

(If we are not available please leave a message and we'll get back to you as soon as we can)  
email: [info@sightsupportworthing.org.uk](mailto:info@sightsupportworthing.org.uk)  
visit: 48 Rowlands Road Worthing BN11 3JT  
between 9.30am and 4pm Monday to Friday.

Due to space and resources some items in this newsletter may have been edited accordingly.

The information it contains was accurate to the best of our knowledge at the time of going to print.