

News Update

June 2019

Dates for your diaries

Monday 1st July - Pat's People

Tues 2nd July – Network Rail access for all

Tues 2nd & Tues 9th July - Living with Sight
Loss Workshop

Thurs 4th July – American Independence
Day event

Wednesday 24th July – Jim Carter Quiz

Monday 29th July – Members Forum
(inc talk by Kent, Surrey & Sussex Air
Ambulance)

Thurs 1st August – Walk along the Prom

**The offices will be closed on
Bank Holiday Mon 26th August**

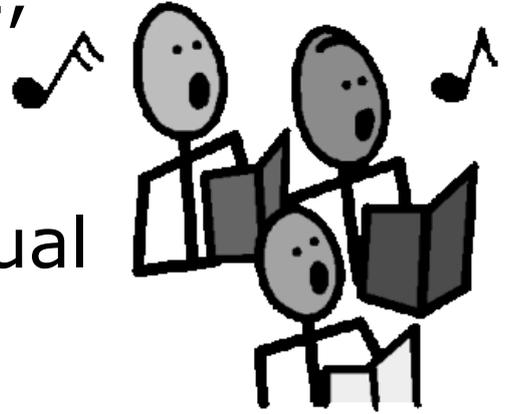
Wednesday 25th Sept – Rotary Bingo

Thursday 24th October - AGM

Tuesday 3rd December – Free Christmas
Event!

Monday 1st July – Pat's People

Singing Group. An afternoon of song provided by Pat's People, there is no charge for this event but if you require transport the usual contribution of £3 would apply.



Network Rail have an access for all programme to improve accessibility for all passengers. That's why they are continuing to work with all organisations over the next five years to ensure that each and every passenger can use the railway safely, confidently and independently. Guide Dogs will be holding a session on **Tuesday 2nd July 2019 at Littlehampton Railway Station between 10am and 1pm.** If you travel by train or would like to find out about this programme, please do try and attend. Contact the office on 01903 235782 to find out further details.

Please note, we are unable to provide transport for this event.

Living with Sight Loss Workshop (for newly diagnosed people)

Sight Support Worthing and RNIB would like to invite you to this FREE 2-day workshop, offering practical and emotional advice to people with sight loss and those who support them.

Tuesday 2nd and Tuesday 9th July
2019 at Sight Support Worthing,
48 Rowlands Rd, Worthing, BN11 3JT
from: **10am to 3pm**

**To book your place, please call:
0300 123 3933**

Or email: lwslenquiries@rnib.org.uk

**The Course Facilitator is Jan Foster
Confidence Building Co-ordinator:
RNIB**

**Please feel free to contact Jan for
more information on:**

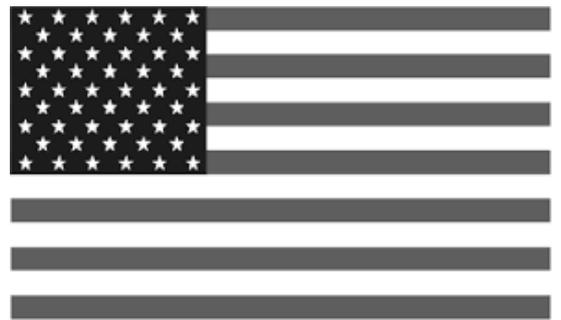
0759 739 7284

or email: jan.foster@rnib.org.uk

**Please note there is no transport
available for this event**

Thursday 4th July – American Independence Day event.

This will be an American themed event running from 11.30am until 3pm with lunch and musical entertainment. The cost of the event is £5 plus the usual £3 contribution towards transport if needed.



Wednesday 24th July Jim Carter Quiz. For members and volunteers - we would

love to see you all there to join us for this fun quiz.

The quiz is compiled by Jim Carter who is also one of our members and will start at 2pm. For the purpose of seating please let us now if you will be attending. (There's a small prize for everyone that takes part!)

Monday 29th July – Members Forum

Please try and come along to hear about SSW plans and to have your say! This forum will include a talk by Kent Surrey Sussex Air Ambulance. Please let us know if you will be coming along and if you will need transport.



Thursday 1st August – Walk along the prom – why not join with our volunteers for a gentle Walk along the Prom? Once the minibus has made all the pickups you will be dropped off on the prom at the bottom of Heene Road. The walk then heads east towards the Pavilion Café Bar (formerly known as Denton Lounge) where there will be a comfort stop and a chance to buy a drink before heading back to meet the bus again for the return journey home.

Weds 25th Sept – Rotary Bingo

The Rotarians are back to join us with their version of bingo. Spaces are limited so please let us know if you're planning on coming along! Transport is available for the usual £3 contribution.

Thursday 24th October – AGM

If you would like to attend the Annual General Meeting of Sight Support Worthing please let us know by calling us on 01903 235782.

A light lunch will be provided after the formalities so it is important that you reply if you would like to attend and transport will be available but spaces on the minibus are limited.

Christmas lunch event

Tuesday 3rd December

We have now provisionally booked a venue for this event.

If you haven't put your name down yet and you are interested in attending, please give us a call and let us know.

Photographs

As you are probably aware, we regularly take lots of photos at activities and events. **Please let us know if you do not want your picture taken or you do not want your picture used on social media or displayed in any other way.**

Don't forget we can now offer you rides along the prom in the triobike.

If you are interested, please call and let us know!



Please remember that all correspondence regarding cancellations, bookings, appointments etc should come directly through the office.

Please do not ask volunteers to pass on messages or contact them directly for one to ones or any other SSW related matter. Thank you

The monthly prize draw winning numbers for May 2019 were 105, 120, 80 and 5. Congratulations to our winners who were Barrie Smith, Graham Forshaw, Nancy Thompson and Angela Finn respectively.

Many thanks to all members of the monthly prize draw for their continued support.

Do you take part in our monthly draw? Why not sign up in 2019 it could be your lucky year!



To contact us about any of the events or items included in this publication you can telephone on **01903 235782**



(If we are not available please leave a message and we'll get back to you as soon as we can)
email: info@sightsupportworthing.org.uk
visit: 48 Rowlands Road Worthing BN11 3JT
between 9.30am and 4pm Monday to Friday.

Due to space and resources some items in this newsletter may have been edited accordingly.

The information it contains was accurate to the best of our knowledge at the time of going to print.